



The Venerable Khenpo Tsultrim Gyamtso Rinpoche

Mahamudra: Clarifying the Natural State

Mahamudra Teachings: In previous years, Rinpoche has presented progressive teachings on Mahamudra and Dzogchen in Seattle. This year he will teach fourteen restricted sessions on **Clarifying the Natural State**, a profound Mahamudra meditation manual by the 16th century Tibetan master Dakpo Tashi Namgyal. As a prerequisite for this series of teachings, participants must have thoroughly studied the Progressive Stages of Meditation on Emptiness, or have completed ngondro. It is highly advisable for those attending the mahamudra teachings to also attend the public teachings. A course of five talks on the Progressive Stages of Meditation on Emptiness will be taught by Jim Scott, one of Khenpo Rinpoche's translators and senior students, at Nalanda West Sept 11 & 12. More information on Jim Scott's program will be included in a second email message.

Public teachings: Rinpoche will also teach six sessions on Maitreya's **Distinguishing Phenomena and Pure Being**. In this text, Maitreya gives concise and profound descriptions of the view of the Great Middle Way Shentong school and how to cultivate that view in meditation. This is an invaluable guide for all those who want to grow in their understanding of Buddha Nature and the meditation practices of Mahamudra and Dzogchen.

Nov. 5-Nov 14, 2004

Cosponsored by Nalandabodhi and Kagyu Shenpen Osel Choling, with assistance provided by the Karma Kagyu Study Group of Seattle and the Seattle Shambhala Center .

The teachings will be given at Nalanda West 3902 Woodland Park Ave. North, Seattle, WA 98103

Costs:

Full Program (19 talks)	\$380
Mahamudra: Clarifying the Natural State (14 talks)	\$280
Public Talks on Maitreya's Distinguishing Phenomena and Pure Being (5 talks).	\$100
Individual Public Talks	~\$25

Schedule and Topics Nov. 5-14

Registration and check-in is 1:00-4:00pm Nov 5. The first talk is 5:00-7:00 on Nov 5. All other days the talks are scheduled for 10:30 -12:30pm and 5:00 -7:00pm. Additional events may happen during the days, which Rinpoche

will announce when the course begins.

Public program: Maitreya's Distinguishing Phenomena and Pure Being

Nov 5	Fri	1:00-4:00 check-in	5-7pm Talk 1
Nov 6	Sat	10:30-12:30 Talk 2	5-7pm Talk 3
Nov 7	Sun	10:30-12:30 Talk 4	5-7pm Talk 5

Restricted Mahamudra Program: Clarifying the Natural State

Nov 8	Mon	9:30: Check-in for new participants	
Nov 8	Mon	10:30-12:30 Talk 1	5-7pm Talk 2
Nov 9	Tues	10:30-12:30 Talk 3	5-7pm Talk 4
Nov 10	Weds	10:30-12:30 Talk 5	5-7pm Talk 6
Nov 11	Thurs	10:30-12:30 Talk 7	5-7pm Talk 8
Nov 12	Fri	10:30-12:30 Talk 9	5-7pm Talk 10
Nov 13	Sat	10:30-12:30 Talk 11	5-7pm Talk 12
Nov 14	Sun	10:30-12:30 Talk 13	5-7pm Talk 14

Registration notes:

Registration requires a minimum deposit of \$100, with the balance due by Oct 20. After Nov 1, the deposit is non-refundable. Late registrants (after Oct 20) are encouraged to contact the registrar at registration04@nalandabodhi.org.

Mahamudra participants are encouraged to register early and to enroll in the full program. Rinpoche is likely to present material relevant to the Mahamudra teachings in the public talks as well.

For the Mahamudra program, participants are expected to attend the entire program of teachings. If for some reason a participant has to miss a Mahamudra session, he/she will be expected to make it up by listening to an audio tape.

Housing: Nalanda West does not have on-site housing for participants, however we have two recommendations for low cost housing at two motels: Extended Stay America and the Marco Polo Motel. Though we are not organizing the housing placements, we have arranged a discount for Nalanda West participants, who should contact the motels directly to make their arrangements and ask for the Nalanda West discount. One of the nearby motels used last year, the Casabel, is no longer in business. If you are interested in housing options, review the detailed housing information which is being sent to you in a second email.

Meals: Lunch will be served daily in the Nalanda West dining room Saturday Nov 6 to Sunday Nov 14 after the morning talks for participants who enroll in the meal plan. Enrolling in the meal plan requires pre-paying \$100 when registering, which must be received prior to October 20. All lunches will be vegetarian.

Coffee, tea and water will be available in the dining room for all participants during the afternoon period.

Work Study Opportunities: We are anticipating the need for work study assistance, and a number of work study scholarships will be available at 25% to 100% of tuition. Examples of work study jobs: kitchen prep and clean-up; dining room set up and clean-up; building maintenance and daily cleaning of shrine room, foyer, bathrooms; and grounds maintenance. We are also anticipating the possibility of several paid kitchen jobs which include a full work study scholarship, for an overall kitchen coordinator and two cooks. The paid positions require

experience coordinating and/or cooking for large groups. If you want to inquire about work study, contact the work study coordinator at KTGRworkstudy@nalandabodhi.org.

Registration and payment can be made in two ways:

Information, registration and credit card payment are available through links that are posted at www.nalandabodhi.org. Program information is also available on the Nalanda West information line (206) 525-6925, or you can contact the program registrar at registration04@nalandabodhi.org.

If you want to use a credit card but are not registering at our website, you can email your credit card information to rfors@nalandabodhi.org, or fax it to 206-529-0558, with your registration. Credit card payment requires amount to charge, name on card, type of card (Visa or Mastercard only), card number and expiration date.

There is a registration form at the end of this email brochure, and in the attached file "Khenpo Seattle Program2004.pdf". To mail payment, print, fill-in, and return the registration form with a check made out to Nalandabodhi in US Dollars to:

Nalandabodhi - KTGR 04 Program
3902 Woodland Park Ave North
Seattle, WA 98103

A hand written form may be substituted; however it needs to specify all the registration and payment options.

If you include an email address, your registration will be confirmed. If you do not have email, please consider asking a friend if their email can be used for confirmation. If regular mail is the only alternative, check that line at the end of the registration form.

Registration Form

Return with your check made out to Nalandabodhi in US Dollars to:

Nalandabodhi - KTGR 2004 Program
3902 Woodland Park Ave North
Seattle, WA 98103
USA

Name: _____

Address: _____

Telephone: _____

Email Address: _____

I understand that the Mahamudra program **Clarifying the Natural State** is restricted to participants who have thoroughly studied Khenpo Tsultrim Gyamtso Rinpoche's book *The Progressive Stages of Meditation on Emptiness*, or have completed ngondro. Please affirm one of the prerequisites below.

I have thoroughly studied the *Progressive Stages of Meditation on Emptiness*. Please initial to confirm_____.

I have completed ngondro. Please initial to confirm_____.

Registration commitment (mark only one choice):

___ Public Program only (Maitreya's *Distinguishing Phenomena and Pure Being*). 5 talks @ \$100. Individual public program talks can be purchased at the door for \$25.

___ Mahamudra Program (**Clarifying the Natural State**) only: 14 talks @ \$280.

___ Full Program (Mahamudra & *Distinguishing Phenomena and Pure Being*): 19 talks @ \$380. Recommended for all Mahamudra students.

Payment with this registration (mark only one program choice plus choice of optional meal plan):

___ Payment for public program *Distinguishing Phenomena and Pure Being*: 5 talks (\$100).

___ Payment for Mahamudra program only: 14 talks (\$280).

___ Payment for Mahamudra plus *Distinguishing Phenomena and Pure Being* (full program): 19 sessions (\$380).

___ Meal plan option: Payment for nine vegetarian lunch meals at Nalanda West (\$100).

Contact Information: To contact the registrar directly (email communication preferred):

registration04@nalandabodhi.org. Phone messages can also be left at (206) 525-6925, however this is less reliable.

Total sum enclosed: \$_____. Please remember to include your check and to keep a record of this payment.

Credit card information:

Name_____ Amount _____ Name on Card_____

Type of Card (Visa or Mastercard) _____ Card Number _____ Expiration date_____

If you include an email address, your registration and payment will be confirmed. If you do not have email, please consider asking a friend if their email can be used for confirmation.

If regular mail is the only alternative, check the line below.

___ I do not have email access. Please send confirmation to the address on this form.