

Nalandabodhi Study Curriculum

Class Schedule

May 16 – June 28, 2011

Tuesdays, 7 p.m. – 9 p.m.

Hinayana View – Course One

May 16 - Class 1: Freedom, Renunciation, and the Three Trainings

The Hinayana as the Journey of Individual Liberation
The Three Trainings

May 23 - Class 2: History, Schools, and Main Elements of the Hinayana View,

I: The Sixteen Aspects of the Four Noble Truths and the Five Skandhas

Historical Overview, Three Yanas and Four Philosophical Systems
The Bases of the Hinayana View

May 31 - Class 3: Main Elements of the Hinayana View

II: Skandhas, Ayatanas, and Dhatus

The Five Skandhas as Building Blocks of Our Psychophysical Existence, Part 2
The Twelve Ayatanas, The Eighteen Dhatus
How the Skandhas, Ayatanas, and Dhatus Correspond

June 7 - Class 4: Warrior Exchange

June 14 - Class 5: Dependent Origination (Nidanas)

The Twelve Links of Dependent Origination, Various Perspectives
The Reversed Cycle of the Twelve Links in Terms of Path and Result

June 21 - Class 6: Practicum — Analytical Meditation on the 16 Aspects of the Four Noble Truths

June 28 – Class 7: The Views of the Vaibhashika and Sautrantika Schools

Historical Overview
Shared Assertions of Vaibhashikas and Sautrantikas
Distinct Assertions of the Vaibhashikas
Distinct Assertions of the Sautrantikas

Written Final Exam